

June


July 2024

The Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> 30 9:30 Canvas Church service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> 3:00 Church Service with Pastor Al 6:30 Channel 3 Lawrence Welk Tribune to Frank Sinatra</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Canadian Days</b> 1 <b>Morning</b> <b>Canadian Breakfast</b> Wake Up Sensory TV Wimbledon begins Table Top Sensory Daily Bulletin Baking Club Memory Jogging Medicare Birthday Trivia 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> Scarf Motions 1:30 Reading Club with Lorrie Scarf Motions Flower Hammer Art Popular Canadian Things and Tasting and American things</p>	<p><b>Morning</b> 2 Wake Up Sensory TV Table Top Sensory Summer Salad Daily Bulletin &amp; Daily Devotion 10:30 Storytelling with Karen Memory Jogging Scavenger Hunt 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p><b>Afternoon</b> Afternoon Stretching Traveling Tuesdays Artistic Passions Fun Sponge Fireworks</p>	<p><b>Morning</b> 3 <b>Dog Days of Summer</b> Wake Up Sensory TV Dogs Table Top Sensory Daily Bulletin Baking Club Celebration Pumpkin Cake Bingo State Bingo Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p><b>Afternoon</b> 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al 4<sup>th</sup> of July Luminaries centerpieces Dog Days Trivia Listening to the Dog days of summer play list</p>	<p><b>Morning</b> 4 Wake Up Sensory TV Fireworks Table Top Sensory 4<sup>th</sup> of July Daily Bulletin &amp; Devotion <del>Visits from Kid Kare</del> Making Watermelon mint salad Memory Jogging red white and blue Trivia UTube Hot Doggie Styles 4<sup>th</sup> of July Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p><b>12:00 Courtyard BBQ</b></p> <p><b>Afternoon</b> Scientific Patriotic Cocktail Independent Projects Red White and Blue Ice cream Social Movie Matinee:</p>	<p><b>Morning</b> 5 <b>Calendar Prep Day</b> Donut Day Wake Up Sensory TV Table Top Sensory Daily Devotion Memory Jogging I Spy Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> <b>Movie Matinee</b></p>	<p>6</p>


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<p><b>Morning</b> 9:30 Canvas Church service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> 3:00 Church Service with Pastor Al 6:30 Channel 3 Lawrence Welk Tribute to Frank Sinatra</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> <b>Chocolate Day</b> Wake Up Sensory TV Chocolate baking Table Top Sensory chocolate tasting &amp; dipping Strawberry's Daily Bulletin Baking Club Memory Jogging Bible Trivia 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Scarf Motions Chocolate Hot Fudge Sundaes Social Artistic Passions: Painting Teddy Bear vases</p>	<p><b>Morning</b> Wake Up Sensory TV Cow's Table Top Sensory Raspberry's Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Memory Jogging Cow Crossword &amp; Cow facts &amp; Jokes 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion State Plate Toss</p> <p><b>Afternoon</b> 1:45 Music with Razzmatazz Afternoon Stretching Black Cow Milkshake Traveling Tuesday California</p>	<p><b>Morning</b> Wake Up Sensory TV Car Collecting Table Top Sensory Daily Bulletin Baking Club Frito Corn Salad Bingo Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p><b>Afternoon</b> 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Pina Colada and Travel to Puerto Rico</p>	<p><b>Morning</b> Wake Up Sensory TV Table Top Sensory Visits from Growing Roots a day in a life of a Zoo challenge Daily Bulletin &amp; Devotion Memory Jogging I spy, Wild times at the Zoo Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p><b>Afternoon</b> 1:30 Manicures Independent Projects Movie Matinee: Tom Sawyer Book Club</p>	<p><b>Morning</b> <b>French Fry Day</b> Donut Day Wake Up Sensory TV Table Top Sensory Daily Devotion Memory Jogging State Nicknames Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> <b>Karaoke fun with Connie and Staff</b> Moving with Tammy French Fry's and Dips Water balloon toss in the courtyard</p>	


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<p><b>Morning</b> 14 9:30 Canvas Church service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> 3:00 Church Service with Pastor Al</p> <p>6:30 Channel 3 Lawrence Welk Tribune to Frank Sinatra</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> 15 Wake Up Sensory TV Christmas Lights Table Top Sensory Bath Bombs Daily Bulletin Memory Jogging Christmas in July Bingo 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Moving with Tammy Christmas in July</p> <p><b>2:30 BILL BIRTHDAY CELEBRATION</b></p> <p>Christmas song Singalong Graham Crackers Houses</p>	<p><b>Morning</b> 16 Wake Up Sensory TV River Dancing Table Top Sensory Cherries Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Memory Jogging Snakes 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Soccer Kicking</p> <p><b>Afternoon</b> Bastille day seated exercise &amp; Trivia Traveling Tuesday Pub Trivia Back Rubs and Meditation</p>	<p><b>Morning</b> 17 Wake Up Sensory TV Table Top Sensory Hand Massage Daily Bulletin Baking Club Sugar Cookies Bars Memory Jogging Hot Dog Trivia and Jokes Bingo Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion Frisbee Golf</p> <p><b>12:00 Hot dog Lunch</b></p> <p><b>Afternoon</b> 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Hot Dog treats Match the Novel with the Author Hotdog Drawing</p>	<p><b>Morning</b> 18 Wake Up Sensory TV Flowers Table Top Sensory Flower Coloring Daily Bulletin &amp; Devotion Memory Jogging Friends and Family Feud Hymn sing with Pastor AL Birthday Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p><b>Afternoon</b> 1:30 Singalong with Creation Crooners 2:30 Manicures Independent Projects Movie Matinee:</p>	<p><b>Morning</b> 19 Donut Day Wake Up Sensory TV Golf Tournament Table Top Sensory Daily Devotion Memory Jogging Golf Tee Time Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> 1:30 Music with Gary &amp; Peggy Golfing Game Making Arnold Palmer and watching Golf Golf Pencil Holders</p>	<p><b>20</b></p> <p>Movie Matinee</p>

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<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<p><b>Morning</b> 9:30 Canvas Church service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> 3:00 Church Service with Pastor Al 6:30 Channel 3 Lawrence Welk Tribune to Frank Sinatra</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> <b>Ice Cream Day</b> Wake Up Sensory TV Table Top Sensory Daily Bulletin Baking Club Making Ice Cream in a bag Memory Jogging 60's TV Show Trivia 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Moving with Tammy Strawberry Sundaes Social Making Olympic Medal Ribbons</p>	<p><b>Morning</b> Wake Up Sensory TV Table Top Sensory Lollipops Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Memory Jogging Finish the song Lyrics 11:30 I-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p><b>Afternoon</b> 2:00 Visits with Miniatures Horses Afternoon Stretching Traveling Tuesday French Style Floral Arranging</p>	<p><b>Morning</b> <b>Calendar Prep Day</b> Wake Up Sensory TV Table Top Sensory Daily Bulletin Baking Club Making Freezer Pops Bingo Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p><b>Afternoon</b> 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Popsicle Social &amp; Summer Days What is it ACOPELLO Singalong with Tammy</p>	<p><b>Morning</b> Wake Up Sensory TV Baking Table Top Sensory Grating Carrots Baking Club Carrot Cake Daily Bulletin &amp; Devotion Memory Jogging name that 40's tune Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p><b>Afternoon</b> 1:30 Manicures Independent Projects Movie Matinee: Watership Down Blueberry Muffin Chat</p>	<p><b>Morning</b> <b>Olympics Begin</b> Donut Day Wake Up Sensory TV Table Top Sensory Daily Devotion Memory Jogging Olympics Bingo Donuts and Hydration</p> <p>Bodies in Motions Javelin Throw</p>  <p><b>Afternoon</b> Moving with Tammy Fly swatter Balloon tennis Staff Challenge Blow Balloons off Table Speed Cup Racing Olympics Sports Charade</p>	<p><b>12:00 DONA'S BIRTHDAY CELEBRATION</b></p>

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The Daily Wellness Path.

# August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> 28 9:30 Canvas Church service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> 3:00 Church Service with Pastor Al</p> <p>6:30 Channel 3 Lawrence Welk Tribune to Frank Sinatra</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> 29 Wake Up Sensory TV Table Top Sensory Daily Bulletin Baking Club Memory Jogging Scavenger Hunt 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Moving with Tammy Squirt Gun Dying Designing T-shirts out in the courtyard</p>	<p><b>Morning</b> 30 <b>Day Of the Cowboy</b> Wake Up Sensory TV Cowboy Horse roping Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling with Karen Memory Jogging Cowboy Lingo 11:30 I-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p><b>12:30 Chuck wagon Lunch</b></p> <p><b>Afternoon</b> Panning for Gold</p>	<p><b>Morning</b> 31 <b>Calendar Prep Day</b> Wake Up Sensory TV Table Top Sensory Daily Bulletin Baking Club Bingo Memory Jogging Tequila Shot Trivia Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p><b>Afternoon</b> 1:45 Fitness with Todd 2:30 Bible Study with Pastor Al Cheese Cake social</p>	<p><b>Morning</b> 1 Wake Up Sensory TV Table Top Sensory Visits From Kid Kare Daily Bulletin &amp; Devotion Memory Jogging True or False trivia Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p><b>Afternoon</b> 1:30 Manicures Independent Projects Movie Matinee:</p>	<p><b>Morning</b> 2 Donut Day Wake Up Sensory TV Table Top Sensory Daily Devotion Memory Jogging Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> Moving with Tammy Frozen Hot Chocolate on the Patio Artistic Passions: Painting your Galaxy</p>	<p><b>Morning</b> 3</p>