



Immanuel *Living*



RESIDENT
CALENDAR
& ACTIVITY
GUIDE

AUGUST 2024

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Kay Mosher 7th

Judy Mahan 7th

Betty Jellison 8th

Bev Hatlen 11th

Marge Caldwell 12th

Marian Van Helden 14th

Karin Lindsay 15th

Bob Stanchfield 17th

Sheila Rohrer 19th

Jean Jones 23rd

John Babcock 25th

Beverly Meyer 30th




Mary Louise Bardon 31st

Gene Lee 31st



CALENDAR OF EVENTS

FITNESS CLASS RATING SYSTEM

-  **EASY GOING/HANDICAP ACCESSIBLE** - Classes include light physical activity, including light stretching & easy exercises while sitting, with optional movements for short standing periods.
-  **MODERATE** - Classes will include moderate physical activity, including light stretching, slightly more challenging exercises, & standing for longer periods of time while completing moderate exercises.
-  **ACTIVE** - Classes will include higher physical activity, including higher intensity exercises & constant movement while standing. Classes are available to those with no appropriate physical restrictions.

ACTIVITY RATING SYSTEM



EASY GOING - This outing will require light physical activity. There may be minimal walking, including getting on & off the bus.



MODERATE - This outing may require residents to walk longer distances, tolerate short periods of standing & navigate uneven terrain, i.e., cobblestone, grass or gravel.



ACTIVE - To fully take advantage of this outing, residents will need to be able to walk long distances, climb stairs & tolerate longer periods of standing. Employee assistance will be minimal.



HANDICAP ACCESSIBLE - This outing is wheelchair friendly.



TICKET purchase needed to attend - This outing requires you to pre-purchase a ticket through the Recreation office.

ROOM KEY

A	Auditorium	P	Pool
PR	Patio Room	CY	Courtyard
CA	The Cafe	FC	Fitness Center
PDR	Private Dining Room	LB	Library
CL	Claremont	L	Lobby
WN	Wooden Nickel	CR	Conference Room

The activity groups are color coded, making it easier for you to match the program or event to the dimension of wellness.

The 6 dimensions of wellness include:

Physical – for strength, balance and overall fitness

Emotional – to cope with life’s challenges at any age

Intellectual – because your mind doesn’t stop growing

Social – ensuring friendship, companionship and sharing









Spiritual – adding depth to every day

Vocational – with acknowledgement of your talent, experience & capabilities



SUMMER WORD SEARCH

S B W K I S U N W M K W V
 Y E K Q H X A E S K O V P
 N A D A O B D N J I N A M
 G C L C T B W M D T U C O
 N H I P L Q N T H E F A R
 I I C E C R E A M A R T M
 W D R P O P S I C L E I C
 S W I M N I E J T A M O A
 B A O E T C G U L D M N M
 R T A N E N S M H A U T P
 I H C A E I O P S V S L I
 S A Y E U C P O O L N O N
 V R S E S S A L G N U S G

SUNDAY AUGUST 4	MONDAY AUGUST 5	TUESDAY AUGUST 6
<p>8:30-1:00 Church Shuttle · SIGN UP </p> <p>1:00 Church Service · A</p> <p>6:30 Channel 3</p>	<p>10:00  Basic Fitness · FC</p> <p>1:00  Basic Fitness · FC</p> <p>3:00 Bingo · A</p> <p>3:00 Dementia Caregiver Support · PDR</p> <p>7:00 Bigfork Summer Playhouse · SIGN UP  </p>	<p>9:00  Water Works · P</p> <p>10:00  Yoga · FC</p> <p>11:00 Catholic Communion · CA</p> <p>1:00  Balance & Fall · FC</p> <p>6:30 Channel 3</p>

WORD BANK:
 BBQ
 BEACH
 CAMPING
 FUN
 HOT
 ICE CREAM
 JUMP
 KITE
 PICNIC
 PLAY
 POOL
 POPSICLE
 SAND
 SUMMER
 SUN
 SUNGLASSES
 SWIM
 SWING
 VACATION

THURSDAY AUGUST 1	FRIDAY AUGUST 2	SATURDAY AUGUST 3
9:00 ● Water Works · P 10:00 Fingernail Painting · A 10:00 ● Yoga · FC 11:30 Bingo · A 1:00 ● Balance & Fall · FC 1:30 Wai · A	DONUT FRIDAY 9:00 ● Water Aerobics · P 10:00 ● Basic Fitness · FC 1:00 ● Basic Fitness · FC 3:00 Updates & Questions with Carla · A	1:30 Pinochle Group · CA 6:30 Channel 3

WEDNESDAY AUGUST 7	THURSDAY AUGUST 8	FRIDAY AUGUST 9	SATURDAY AUGUST 10
10:00 ● Basic Fitness · FC 10:00 North & South Shuttle · SIGN UP ♿ 10:00 Bible Study · CA 10:00 Computer Help · SIGN UP 1:00 Brain Fitness · FC 1:00 Bowling · SIGN UP ♿ 1:30 Pinochle · CA 3:00 Wine & Cheese Social · WN 7:00 CY Concert Series · CY	9:00 ● Water Works · P 10:00 Fingernail Painting · A 10:00 ● Yoga · FC 11:30 Bingo · A 1:00 ● Balance & Fall · FC 1:30 Wai · A	DONUT FRIDAY 9:00 ● Water Aerobics · P 10:00 ● Basic Fitness · FC 10:30 Brain Games · PR 11:00 MT Club · SIGN UP ♿ 1:00 Basic Fitness · FC 2:30 Devotions with Braden · LB 2:30 Writing Club · CA	1:30 Pinochle Group · CA 2:00 MS Support Group · CR 6:30 Channel 3


**SUNDAY
AUGUST 11**

**MONDAY
AUGUST 12**

**TUESDAY
AUGUST 13**

8:30-1:00 Church Shuttle · **SIGN UP**

1:00 Church Service & Communion · **A**
6:30 Channel 3

10:00 ● Basic Fitness · **FC**
10:00 Craft with Growing Roots · **CA**
12:00 Mystery Book Club · **PDR**
1:00 ● Basic Fitness · **FC**
1:00 Finance Committee · **PDR**
3:00 Bingo · **A**
3:00 Resident Caregiver Support · **PDR**
5:15 Shakespeare in the Park · **SIGN UP**


9:00 ● Water Works · **P**
10:00 ● Yoga · **FC**
11:00 Catholic Communion · **CA**
1:00 ● Balance & Fall · **FC**
1:00 Basic Drawing with Frank · **CA**
6:30 Channel 3

**SUNDAY
AUGUST 18**

**MONDAY
AUGUST 19**

**TUESDAY
AUGUST 20**

8:30-1:00 Church Shuttle · **SIGN UP**

1:00 Church Service · **A**
2:30 Montana State Old-Time Fiddlers Jam · **CA**
6:30 Channel 3

10:00 ● Basic Fitness · **FC**
1:00 ● Basic Fitness · **FC**
3:00 Dementia Caregiver Support · **A**
6:30 Channel 3

9:00 ● Water Works · **P**
10:00 ● Yoga · **FC**
11:00 Catholic Communion · **CA**
11:30 New Resident Orientation · **A**
1:00 ● Balance & Fall · **FC**

**WEDNESDAY
AUGUST 14**

**THURSDAY
AUGUST 15**

**FRIDAY
AUGUST 16**

**SATURDAY
AUGUST 17**

10:00 ● Basic Fitness · FC
10:00 Bible Study · CA
10:00 Fair Stroll · SIGN UP ♿
10:00 North Shuttle · SIGN UP ♣♣♣
11:30 Business Shuttle · SIGN UP ♣♣♣
11:30 Resident Ambassador · PDR
1:00 Brain Fitness · FC
1:30 Pinochle · CA
7:00 Flathead Community Band · CY

9:00 ● Water Works · P
10:00 Fingernail Painting · A
10:00 ● Yoga · FC
10:30 Grief Class · CR
11:30 Bingo · A
1:00 ● Balance & Fall · FC
6:30 Channel 3

DONUT FRIDAY
9:00 ● Water Aerobics · P
10:00 ● Basic Fitness · FC
11:00 Montana's Vigilante Presentation · A
1:00 ● Basic Fitness · FC
1:30 Wai · A
2:30 Devotions with Braden · LB

11:00 Memorial Service for Miriam Foster · A
1:30 Pinochle Group · CA
4:30 Buffalo Theater & Pizza · A
6:30 Channel 3

**WEDNESDAY
AUGUST 21**

**THURSDAY
AUGUST 22**

**FRIDAY
AUGUST 23**

**SATURDAY
AUGUST 24**

10:00 ● Basic Fitness · FC
10:00 Bible Study · CA
10:00 North & South Shuttle · SIGN UP ♣♣♣
10:00 Computer Help · SIGN UP
11:00 MT Wild Wings · CY
1:00 Brain Fitness · FC
1:30 Pinochle · CA
2:00 Back to School Craft · A
7:00 CY Concert Series · CY

50's DRESS UP DAY
9:00 ● Water Works · P
10:00 Fingernail Painting · A
10:00 ● Yoga · FC
10:30 Grief Class · CR
11:30 Bingo · A
1:00 ● Balance & Fall · FC
1:00 Rat Pack Music · A
3:00 Immanuel Millionaire · A


9:00 ● Water Aerobics · P
10:00 ● Basic Fitness · FC
1:00 ● Basic Fitness · FC
2:00 Fair Days at Immanuel · Retreat CY
3:00 Devotions with Braden · PDR

1:30 Pinochle Group · CA
6:30 Channel 3

**SUNDAY
AUGUST 25**






**MONDAY
AUGUST 26**




**TUESDAY
AUGUST 27**

**WEDNESDAY
AUGUST 28**

8:30-1:00
Church Shuttle
• **SIGN UP** 
1:00 Church
Service • **A**
6:30 Channel 3

10:00  Basic
Fitness • **FC**
1:00  Basic
Fitness • **FC**
1:30 August
Birthday
Party • **A**
3:00 Bingo • **A**






9:00  Water
Works • **P**
10:00  Yoga
• **FC**
10:00 House of
Mystery • **SIGN
UP**  
11:00 Catholic
Communion • **CA**
1:00  Balance
& Fall • **FC**
2:30 Book Club
• **CR**
6:30 Channel 3

10:00  Basic
Fitness • **FC**
10:00 North
Shopping • **SIGN
UP** 
10:00 Bible Study
• **CA**
11:30 Business 
Shuttle • **SIGN UP**
12:00 Recreation
Committee • **CR**
1:00 Brain Fitness
• **FC**
1:30 Pinochle • **PR**
1:30 Parkinson's
Support • **PDR**
2:00 Flower
Arranging • **A**

**THURSDAY
AUGUST 29**

**FRIDAY
AUGUST 30**

**SATURDAY
AUGUST 31**

9:00  Water
Works • **P**
10:00 Fingernail
Painting • **A**
10:00  Yoga • **FC**
10:30 Grief Class
• **CR**
11:30 Bingo • **A**
1:00  Balance &
Fall • **FC**
1:00 Foot Clinic -
Dr. Latter • **CA**
1:30 Wai • **A**
5:30 Documentary
Film Screening •
SIGN UP  

9:00  Water
Aerobics • **P**
10:00  Basic
Fitness • **FC**
10:00 Dining
Committee • **CA**
10:30 Brain Games
• **PR**
1:00  Basic
Fitness • **FC**
2:30 Devotions with
Braden • **LB**
4:30 Dinner & a
Movie • **A**

1:30 Pinochle
Group • **CA**
6:30 Channel 3

GATHER

Pampered Nails Fingernail Painting

Every Thursday | 10:00am | Auditorium

Bingo! in the Auditorium

Monday, August 5, 12 & 26 | 3:00pm

Every Thursday | 11:30am

BETTER
TOGETHER

Pinochle Group

Every Wednesday & Saturday | 1:30pm | Café

Location Change: Wednesday, August 28 | 1:30pm | **Patio Room**

'Tell Your Story' Writing Club with Carol Buchanan

Friday, August 9 | 2:30pm | Café

Mystery Book Club

Monday, August 12 | 12:00pm | Private Dining Room

Memorial Service for Miriam Foster

Saturday, August 17 | 11:00am | Auditorium

Who wants to be an Immanuel Millionaire?

Hosted by Pastor Al

Thursday, August 22 | 3:00pm | Auditorium

Fair Days! at Immanuel

Friday, August 23 | 2:00pm | Retreat Courtyard

Book Club

Tuesday, August 27 | 2:30pm | Conference Room

COMMITTEES

Finance Committee Meeting

Monday, August 12 | 1:00pm | Private Dining Room

Resident Ambassador Committee

Wednesday, August 14 | 11:30am | Private Dining Room

Recreation Committee Meeting

Wednesday, August 28 | 12:00pm | Conference Room

Dining Committee Meeting

Friday, August 30 | 10:00am | Café

SUPPORT GROUPS

Dementia Caregiver Support Group

Monday, August 5 | 3:00pm | Private Dining Room

Monday, August 19 | 3:00pm | Auditorium



MS Support Group

Saturday, August 10 | 2:00pm | Conference Room

Resident Caregiver Support Group

Monday, August 12 | 3:00pm-4:30pm | Private Dining Room

Grief Support Class

Thursday, August 15, 22 & 29 | 10:30am-11:45am | Conference Room

Parkinson's Caregiver Support Group

Wednesday, August 28 | 1:30pm | Private Dining Room

SPIRITUAL LIFE

Church Shuttle

Every Sunday | 8:30am to 1:00pm | SIGN UP

Church Service

Every Sunday | 1:00pm | Auditorium

Communion on August 11

Catholic Communion

Every Tuesday | 11:00am | Café

Bible Study

Every Wednesday | 10:00am | Café

Devotions with Braden

Friday, August 9, 16, 23 & 30 | 2:30pm | Library

Brain Fitness with Todd

Every Wednesday | 1:00pm | Fitness Center

Updates & Questions with Carla

Friday, August 2 | 3:00pm | Auditorium

Residents are encouraged to attend this monthly informational meeting!

Computer Help Sessions

Wednesday, August 7 & 21 | 10:00am-12:00pm | SIGN UP

Brain Games with Angela

Friday, August 9 & 30 | 10:30am | Patio Room

Montana's Vigilantes - Good Guys or Bad Guys?

Presented by Carol Buchanan

Friday, August 16 | 11:00am | Auditorium

New Resident Orientation

Tuesday, August 20 | 11:30am-1:30pm | Auditorium | **RSVP with Angela**

Join us for a lunch & learn about Resident Services! Transportation, activities, wellness & other useful amenities.

MUSIC

Wai Mizutani & Friends

Thursday, August 1, 8, & 29 | 1:30pm | Auditorium

Friday, August 16 | 1:30pm | Auditorium

TIME & DATES SUBJECT TO CHANGE

Flathead Valley Community Band

Wednesday, August 14 | 7:00pm | Courtyard

Montana State Old-Time Fiddlers Jam

Sunday, August 18 | 2:30pm-4:30pm | Café

Rat Pack Event with Martinis

Thursday, August 22 | 1:00pm | Auditorium

Enjoy a fantastic variety show with great music, singing, comedy & banter!

August Birthday Celebration

with Music by: Raz-Ma-Tazz

Monday, August 26 | 1:30pm | Auditorium



CREATE

Craft with Growing Roots Day Care

Monday, August 12 | 10:00am | Café

Basic Drawing with Frank Tetrault

Tuesday, August 13 | 1:00pm | Café

Back to School Craft

Wednesday, August 21 | 2:00pm | Auditorium

Fresh Flower Arranging

Wednesday, August 28 | 2:00pm | Auditorium



GET FIT

● Basic Fitness in the Fitness Center

Every Monday & Friday | 10:00am & 1:00pm

Except Friday, August 9 | 1:00pm

Every Wednesday | 10:00am

● Water Works

Every Tuesday & Thursday | 9:00am | Pool

● Yoga with Anne

Every Tuesday | 10:00am | Fitness Center

● Balance & Fall Prevention

Every Tuesday & Thursday | 1:00pm | Fitness Center

● Yoga with Anna

Every Thursday | 10:00am | Fitness Center

● Water Aerobics with Todd

Every Friday | 9:00am | Pool

RATING SYSTEM

	EASY GOING
	MODERATE
	ACTIVE
SEE 'FITNESS CLASS RATING SYSTEM' FOR MORE DETAIL.	

CHANNEL 3 FEATURES

Chair Exercise with Music

Every Monday, Tuesday, Thursday & Friday | 1:45pm

Basic Fitness with Todd

Every Monday, Tuesday, Thursday | 10am & 1pm

Every Saturday | 10:00am

Strength & Fitness with Todd

Every Wednesday | 10:00am & 1:00pm

Every Friday | 9:30am & 1:00pm

Every Saturday | 1:00pm

Bible Study with Pastor Al

Every Friday | 10:00am & 5:30pm

Message from Pastor Al

Every Sunday | 4:00pm-6:00pm

The Most Amazing Places in Turkey

Saturday, August 3 | 6:30pm-8:30pm

Who was Melchizedek & Why is He Important to Us?

Sunday, August 4 | 6:30pm-8:30pm

The Fabulous 50s

Tuesday, August 6 | 6:30pm-8:30pm

The Fun & the Feel of America's

Dream Decade

Rick Steves' Andalucia

Saturday, August 10 | 6:30pm-8:30pm

The Best of Southern Spain

Hope (2024)

Sunday, August 11 | 6:30pm-8:30pm

New Inspirational Family Christian

Drama Starring Dean Cain

30 Things Only Baby Boomers Will Remember

Tuesday, August 13 | 6:30pm-8:30pm



Classic Country Album

Thursday, August 15 | 6:30pm-8:30pm

Carson Tonight Show

Saturday, August 17 | 6:30pm-8:30pm

John Wayne Makes a Surprise Walk-On
Appearance

Andre Rieu Live

Sunday, August 18 | 6:30pm-8:30pm

At Schonbrunn Palace, Vienna

Folk Country Songs

Monday, August 19 | 6:30pm-8:30pm

John Denver, Don Mclean, Cat Stevens,
Jim Croce, Simon & Garfunkel, James
Taylor

Wonders of America

Saturday, August 24 | 6:30pm-8:30pm

The most fascinating places in the USA

Grand Coulee Dam

Sunday, August 25 | 6:30pm-8:30pm

A Man-Made Marvel

Backroads of Montana

Tuesday, August 27 | 6:30pm-8:30pm

A Recipe for Community

The Ringling Bros.

Saturday, August 31 | 6:30pm-8:30pm


Barnum & Bailey

TRIPS

SHOPPING SHUTTLES

North Shopping 

Every Wednesday | 10:00am | SIGN UP


Assisted Shopping | Wednesday, August 7 



South Shopping 

Wednesday, August 7 & 21 | 10:00am | SIGN UP

Assisted Shopping | Wednesday, August 7 

Taking Care of Business 

Wednesday, August 14 & 28 | 11:30am-1:00pm | SIGN UP

OUTINGS




Bigfork Summer Playhouse - Legally Blonde  

Monday, August 5 | Depart at 7:00pm

See Angela to Sign Up | TICKETS \$35.00

Bowling at Grizzley Lanes 

Wednesday, August 7 | Depart at 1:00pm | SIGN UP | Limited Seats Available



Out to Lunch at the Montana Club 

Friday, August 9 | Depart at 11:00am | SIGN UP



Fair Stoll & Lunch 

Wednesday, August 14 | Depart at 10:00am | SIGN UP

Documentary Film Screening "Bring Them Home"  

Thursday, August 29 | Depart at 5:30pm | See Angela to Sign Up | TICKETS \$50.00

"Bring Them Home" tells the story of a small group of Blackfoot people and their mission to establish the first wild buffalo herd on their ancestral territory since the species' near extinction a century ago, an act that would restore the land, re-enliven traditional culture and bring much needed healing to their community. Narrated by Academy Award-nominated Blackfeet / Nez Perce actor Lily Gladstone and Co-Directed by Blackfeet siblings Ivan and Ivy MacDonald with Daniel Glick.

Special guest performance by "Supaman" - a world-renowned Native American dancer and innovative hip hop artist who has dedicated his life to empowering and spreading a message of hope, pride and resilience through his original art form.

A discussion about Missing and Murdered Indigenous People (MMIP) will also be held between the filmmakers and Nic McKinley, CEO of DeliverFund - a counter human trafficking intelligence and technology nonprofit which has been helping authorities capture human traffickers and rescue child victims across America.

MONTHLY HAPPENINGS



ATTENTION

As of September 1st, the Recreation Department will no longer be accepting cash or checks.

All purchases will be account charge only and will show up on your monthly statement. (i.e. outings, dinner and a movie, event tickets, etc.)



Wine & Cheese Social

with the Immanuel Living Board of Directors
Wednesday, August 7 | 3:00pm | Wooden Nickel

JOIN US TO MEET OUR
IMMANUEL BOARD MEMBERS!

Immanuel *Living*

COURTYARD SUMMER CONCERT SERIES

Thin Ice



WEDNESDAY, AUGUST 7
7:00PM | COURTYARD

MUSICAL DUO PRESENTS 300 YEARS OF BELOVED FOLK MUSIC FROM AROUND THE WORLD JUST THE WAY YOU REMEMBER IT. HISTORY, A BIT OF HUMOR & SMOOTH VOCALS.

Justin Harris



WEDNESDAY, AUGUST 21
7:00PM | COURTYARD

SWINGIN' ROCKABILLY. GOOD TIMIN' CLASSIC COUNTRY & ROCKNROLL.

UPCOMING EVENTS & OUTINGS



Shakespeare in the Park

Hamlet at Woodland Park

Monday, August 12 | Depart at 5:15pm | SIGN UP

Buffalo Theater & Mooses Pizza

Showing: Queen Bees

Saturday, August 17 | 4:30pm | Auditorium

After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.



ELLEN BURSTYN JAMES CRAN ANN MARGRET JANE CURTIN CHRISTOPHER LLOYD LORETTA DEVINE

QUEEN BEES

A COMEDY ABOUT THE YOUNG AT HEART



Montana Wild Wings

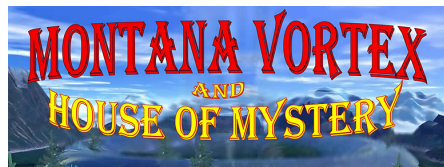
Wednesday, August 21 | 11:00am | Courtyard

Come and join us while we share a unique experience while MMW provides a memorable bird education.

House of Mystery

Tuesday, August 27 | Depart at 10:00am

See Angela to Sign Up | TICKETS \$15.00



Foot Clinic with Dr. Latter

Thursday, August 29 | 1:00pm-4:00pm | Café | SIGN UP



Dinner & a Movie!

Showing: Bernie

Friday, August 30 | 4:30pm | Auditorium | SIGN UP

In small-town Texas, an affable mortician strikes up a friendship with a wealthy widow, though when she starts to become controlling, he goes to great lengths to separate himself from her grasp.

Please sign up **NO LATER** than noon on 8/30!



LIBRARY NEWS



FREE LIBRARY DELIVERY FOR HOMEBOUND CUSTOMERS

Books & More Delivered to Your Door!
by Friends of the Library Volunteers

INCLUDING:

- Large Print Books
- Regular Print Books
- Magazines
- Movies on DVD
- Audiobooks

Available to homes & residential facilities.

HOW IT WORKS

**Volunteers who enjoy sharing their love of reading,
will deliver materials to your door.**

This service is completely free of charge,
but a valid ImagineIF library card is required.

In order to qualify for this service, you must be unable to visit the library
due to age, illness, accident or disability, and have a valid library card.

SIGN UP OR VOLUNTEER

www.imaginiflibraries.org/homebound

Call or email for information:

Kalispell

- Michelle Tohtz, Kalispell Homebound Coordinator, 406.871.1533
- Marylane Pannell, Kalispell Homebound Coordinator, 406.871.7613
- ImagineIF Kalispell, 406.758.5820
- asklib@imaginiflibraries.org

Columbia Falls

- Elaine Winslow, Columbia Falls Homebound Coordinator, 406.892.5919
- ImagineIF Columbia Falls, 406.892.5919
- asklib@imaginiflibraries.org



The Villas
AT BUFFALO HILL

The Terraces
AT BUFFALO HILL

The Cottages
AT BUFFALO HILL