

October 2024




Our Daily Wellness Path.

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Morning 27 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al 6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p>Morning 28 Wake Up Sensory TV Halloween Decorating Tabletop Sensory Daily Bulletin Baking Club Candy Corn Bark Memory Jogging Halloween Crossword 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Afternoon 1:30 Reading Club with Lorrie Stay Fit with Tammy Halloween Reminisce Questions & Trivia Halloween Candy and Wine Tasting</p>	<p>Morning 29 Wake Up Sensory TV Halloween Baking Table Top Sensory Pumpkin Decorating Daily Bulletin Daily Devotion Storytelling Memory Jogging Monster Match up 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p>Afternoon Stay Fit with Tammy Painting Pumpkin Rocks & Bobbing for Apples Pumpkin Lattes & Pumpkin Pie Movie Matinee: Great Pumpkin Charlie Brown</p>	<p>Morning 30 Wake Up Sensory TV Flathead Lake Monster Table Top Sensory Pumpkin Caving Daily Bulletin Baking Club Cinnamon Rolls Bingo Memory Jogging Hitchcock Scavenger Hunt Oldies Singalong Snack & Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd Bible Trivia 2:30 Bible Study with Pastor Popcorn, Reminisce & Independent interests Candy Corn Trivia</p>	<p>Morning 31 Decorating For our Halloween Party</p> <p>10:00 Kid Kare Costume Parade & Trick or Treat Trail.</p> <p>9:30 Growing Roots Daycare Costume Parade & Trick or Treat Trail</p> <p>Afternoon 4:00 Our Great Gatsby Halloween Party With Karla West & Diane hosting our special 1920's Music Entertainment</p>	<p>Morning 1 Donut Day Wake Up Sensory TV Funny Kid Video's Table Top Sensory Tissue Flowers Baking Club Cinnamon Rolls Daily Devotion Memory Jogging Nov. Trivia, TV crossword & Fall Images Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p>Afternoon Stay Fit with Tammy Fall Table centerpiece Armchair Travel Bingo</p>	<p>2</p>  <p>2:00 Bobcat E Wash 3:00 Griz @ Cal Poly</p>



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<p>Morning 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al</p> <p>6:30 Channel 3</p> <p>Sunday Night Football</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p>Morning National Candy Day Wake Up Sensory TV Making Candy Tabletop Sensory Daily Bulletin Baking Club Crockpot Chocolates Memory Jogging Charades 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Bodies IN Motion Talk & Toss ball</p> <p>Afternoon 1:30 Reading Club with Lorrie Stay Fit with Tammy Guess the Candy Bar Slogans Candy Bingo</p> <p>Chiefs v. the Buccaneers</p>	<p>Morning Election Day Wake Up Sensory TV A summer in Paris Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling Memory Jogging November & Election Trivia 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ping Pong</p> <p>Afternoon Whole Brain Exercise (AC) Football Hangman Fall Centerpieces for Tables</p>	<p>Morning Wake Up Sensory TV City Walks (AC) Table Top Sensory Daily Bulletin Baking Club Cheese Nachos Bingo Memory Jogging Nacho Topping conversation game Oldies Singalong Snack Yogurt tasting & Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd Bible Trivia 2:30 Bible Study with Pastor Popcorn, Reminisce & Independent interests</p>	<p>Morning Wake Up Sensory TV Mr. Overton Oldest Veteran Table Top Sensory 10:00 Kid Kare Visits Making a Thanksgiving snack mix and Tukey hands Daily Bulletin & Devotion Memory Jogging Finish the Song Title Bingo State Capital</p> <p>Bodies in Motion Indoor Golf</p> <p>Afternoon 1:30 Manicures Independent Projects Movie Matinee: Some Like it Hot</p>	<p>Morning Donut Day Wake Up Sensory TV Royal Family Table Top Sensory Baking Club Purple Cow Cake Daily Devotion Memory Jogging Music Shuffle Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p>Afternoon 1:30 Razzmatazz Armchair Travel Bingo</p>	<p>9</p>  <p>1:00 Sacramento @ Bobcats</p> <p>8:15 UC Davis @ Griz</p> 



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<p>Morning 10 Daylight Saving Ends 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al 6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p>Morning 11 Veterans Day Wake Up Sensory TV Scottish Folklore Tabletop Sensory Daily Bulletin Baking Club Memory Jogging Charles Bronson quote 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Afternoon 1:30 Reading Club with Lorrie Stay Fit with Tammy Build your own Ice Cream Sundaes Patriotic singalong & Veterans Remembrance Veterans Picture Coloring</p>	<p>Morning 12 Wake Up Sensory TV Egypt Table Top Sensory Daily Bulletin Daily Devotion 10:30 Storytelling Memory Jogging Name that state game 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Parachute Ball</p> <p>Afternoon Has Fit with Tammy All about Honey Honey Tasting Social Balloon Volley</p>	<p>Morning 13 World Kindness Day Wake Up Sensory TV Sights and Sounds of Nashville (AC) Table Top Sensory Daily Bulletin Baking Club making Kindness Candy Bingo Memory Jogging Kindness Quote Oldies Singalong Snack & Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd Bible Trivia 2:30 Bible Study with Pastor Popcorn, Thanksgiving Jokes & Independent interests</p>	<p>Morning 14 National Pickle Day Wake Up Sensory TV Fort Collins Table Top Sensory 10:00 Growing Roots Day Care visits Making Kool aid Pickles & In a Pickle Game Daily Bulletin & Devotion Memory Jogging Bingo</p> <p>Bodies in Motion Hit the Target</p> <p>Afternoon 1:30 Guitar Music with Guy Independent Projects Movie Matinee: The Searchers</p>	<p>Morning 15 Donut Day Wake Up Sensory TV Burgundy France (21) Table Top Sensory Baking Club Bundt cake Daily Devotion Memory Jogging Thanksgiving Spelling Bee Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p> <p>Afternoon 1:45 Happy Birthday Celebration with Alice Disco Exercise with Tammy Armchair Travel Bingo</p>	<p>16</p>  <p>1:00 Portland @ Gritz</p> <p>6:00 Bobcats @ UC Davis</p> 



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<p>Morning 17 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al 6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p>Morning 18 Apple Cider Day Wake Up Sensory TV Beautiful Hymns Tabletop Sensory Daily Bulletin Baking Club Memory Jogging Guess the Tv tune 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Afternoon 1:30 Reading Club with Lorrie Stay Fit with Tammy Bingo TV Show Bingo Apple Cider Margarita Social</p>	<p>Morning 19 Wake Up Sensory TV Africa Safari Trip Table Top Sensory potpourri Daily Bulletin Daily Devotion Storytelling Memory Jogging Word game states 11:30 1-1 Catholic Visits</p> <p>Bodies IN Motion Ax Throwing</p> <p>Afternoon Stay Fit with Tammy Turkey Fleece Pillow All About Science</p>	<p>Morning 20 Wake Up Sensory TV Royal weddings Table Top Sensory Making a Thankful Chain Daily Bulletin Baking Club Bingo Memory Jogging Food Trivia Oldies Singalong Snack & Hydration</p> <p>Bodies in Motion Pool Noodle Challenge</p> <p>Afternoon 1:45 Fitness with Todd Bible Trivia 2:30 Bible Study with Pastor Popcorn, Reminisce & Independent interests</p>	<p>Morning 21 Wake Up Sensory TV Best Broadway Music Songs Table Top Sensory Daily Bulletin & Devotion Memory Jogging State Plate game Rock & Roll Bingo 11:15 Hymns with Pastor Al</p> <p>Bodies in Motion Indoor Golf</p> <p>Afternoon 1:30 Creston Crooners Singalong 2:30 Manicures Independent Projects Movie Matinee: Private Bengiman Learning About Goldie Hawn</p>	<p>Morning 22 Donut Day Wake Up Sensory TV Charlie Brown Thanksgiving Table Top Sensory Homemade Potpourri Baking Club Daily Devotion Memory Jogging This or That & Junk drawer Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p>Afternoon 1:30 Scenic Drive</p>	<p>23</p>  <p>Brawl Of the Wild</p> <p>1:00 Griz @ Bobcats</p>

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<p>Morning 24 9:30 Canvas Church service & Cookies Trivia Puzzles & Crosswords</p> <p>Afternoon 3:00 Church Service & Communion with Pastor Al 6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p>Morning 25 Wake Up Sensory TV Big Band Music Tabletop Sensory Daily Bulletin & Devotions Baking Club Memory Jogging Thankful Circle & Gratitude Game 11:00 Music Therapy with Kristin Snack & Hydration</p> <p>Afternoon 1:30 Reading Club with Lorrie Stay Fit with Tammy Cranberry Wreaths Thanksgiving Pondering and Creative Story</p>	<p>Morning 26 National Cake Day Wake Up Sensory TV Cake baking Table Top Sensory Thankful Chain Daily Bulletin Daily Devotion Storytelling Memory Jogging Cake Trivia & Spelling Bee 11:30 1-1 Catholic Visits Snack & Hydration Cake Tasting</p> <p>Afternoon Stay Fit with Tammy Thanksgiving Would you rather & Fact or Fiction Flower arranging</p>	<p>Morning 27 Wake Up Sensory TV Crocodile Hunter Table Top Sensory Thanksgiving Bless Mix Daily Bulletin & Devotions Baking Club Bingo Memory Jogging Reminiscing Thanksgiving Oldies Singalong Snack & Hydration</p> <p>Afternoon 1:45 Fitness with Todd Bible Trivia 2:30 Bible Study with Pastor Price is Right Thanksgiving Dinner Popcorn, Reminisce & Independent interests</p>	<p>Morning 28 Thanksgiving Day Wake Up Sensory TV Macey's Day Parade Table Top Sensory Folding Turkey Napkins Daily Bulletin & Devotion Memory Jogging Thanksgiving Trivia Bingo</p> <p>Bodies in Motion Indoor Golf</p> <p>Afternoon Annual Dog show</p> <p>Independent Projects puzzles crosswords word searches Thanksgiving Coloring Thanksgiving Treat</p> <p>NFL Game Giants VS the Cowboys (FOX)</p> <p>5:00 Movie Matinee: The Nutty Professor</p>	<p>Morning 29 Donut Day Wake Up Sensory TV America Bandstand Table Top Sensory Fruit loop sorting Baking Club Daily Bulletin & Devotion Memory Jogging Name that Rock tune Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p> <p>Afternoon 1:30 Singalong with Joe & Ken Sit and Stretch with Tammy Leftover Thanksgiving Cranberry and Turkey Sandwiches</p>	<p>30</p>   <p><i>Happy Thanksgiving</i></p>