


# January 2025


## Our Daily Wellness Path

Feb

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> 26</p> <p>Wake Up Daily Bulletin &amp; Devotion Bible Study Tabletop Sensory Beaded Snowflake 9:30 Canvas Church service &amp; Cookies Books of the Bible Bingo Trivia Puzzles &amp; Crosswords</p> <p>NFL Playoffs</p> <p><b>Afternoon</b> S'no Joking Social Bible Trivia 3:00 Church Service &amp; Communion with Pastor Al</p> <p>6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> 27</p> <p>Wake Up Sensory TV Tabletop Sensory Match Madness Daily Bulletin &amp; Devotions Baking Club Crockpot Rice pudding Memory Jogging Person Place or Thing 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Stay Fit with Tammy Flower arranging with Tea cups</p>	<p><b>Morning</b> 28</p> <p>Wake Up Sensory TV Tabletop Sensory Legos Daily Bulletin &amp; Daily Devotion Storytelling Memory Jogging Presidential Trivia 11:30 1-1 Catholic Visits Snack &amp; Hydration</p> <p>Bodies IN Motion Parachute Ball</p> <p><b>Afternoon</b> Stay Fit with Tammy Aromatherapy Bingo IN2L Trivia Hand Massage and Relaxation Music</p>	<p><b>Morning *</b> 29</p> <p><b>Chinese New Year</b> Wake Up Sensory TV Year of the Snake &amp; Traditional Chinese Music Tabletop Sensory Puzzles Daily Bulletin &amp; Devotions Memory Jogging Chinese New Year, Year of the Snake Oldies Singalong Snack &amp; Hydration</p> <p>Bodies in Motion</p> <p>12:00 Chinese Lunch</p> <p><b>Afternoon</b> 1:45 Fitness with Todd Artful Creations Year of the Snake Beading &amp; Chinese Letter Decorating</p>	<p><b>Morning *</b> 30</p> <p>Wake Up Sensory TV Tabletop Sensory Daily Bulletin &amp; Devotion Memory Jogging US cities crossword Baking Club Crescent Spreads</p> <p>Bodies in Motion Corn Hole</p> <p><b>Afternoon</b> 1:30 Creston Crooners 2:30 Manicures Independent Projects Movie Matinee: 101 Dalmatians</p>	<p><b>Morning</b> 31</p> <p><b>Donut Day</b> Wake Up Sensory TV Tabletop Sensory Hot Chocolate Bingo Daily Devotion &amp; Bulletin Hot Chocolate and Cozy Conversation Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> 1:30 Winter Drive and Dairy Queen</p>	<p><b>Morning</b> 1</p> <p>Wake Up Tabletop Sensory Lone Star Coloring TV Sensory Texas Baking Club Strawberry Pie cups Music and Motion Memory Jogging</p> <p><b>Afternoon</b> Stretch and Flex Armchair Travel Texas Black History Bingo Movie Matinee &amp; Popcorn</p> <p>3:30 Independent Interests</p>


# February 2025

## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b></p> <p><b>Groundhog's Day</b></p> <p>Wake Up</p> <p>Daily Bulletin &amp; Devotion</p> <p>Bible Study #1</p> <p>Tabletop Sensory</p> <p>Groundhog Day Fact Files</p> <p>9:30 Canvas Church service &amp; Cookies</p> <p>Books of the Bible Bingo</p> <p>Trivia Puzzles &amp; Crosswords</p> <p>NFL Playoffs</p> <p><b>Afternoon</b></p> <p>Hymn Sing along</p> <p>Bible Trivia</p> <p>3:00 Church Service</p> <p>3:30 Movie Matinée</p> <p>Groundhog's Day</p> <p>6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS</p> <p>PHYSICAL</p> <p>EMOTIONAL</p> <p>INTELLECTUAL</p> <p>SOCIAL</p> <p>SPIRITUAL</p> <p>VOCATIONAL</p>	<p><b>Morning</b></p> <p>Wake Up</p> <p>Tabletop Sensory Carrot Shredding</p> <p>Daily Bulletin &amp; Devotions</p> <p>10:00 Groundhogs</p> <p>Presentation with Hannah</p> <p>Baking Club Carrot Cake</p> <p>11:00 Music Therapy with Kristin</p> <p>Snack &amp; Hydration</p> <p><b>Afternoon</b></p> <p>1:30 Reading Club with Lorrie</p> <p>Stay Fit with Tammy</p> <p>Sensory TV Buddy Holly</p> <p>Memory Jogging The day the music stopped Fact Files</p> <p>3:30 Independent Interests</p>	<p><b>Morning *</b></p> <p>Wake Up</p> <p>Sensory TV Cooking</p> <p>Tabletop Sensory Recipe Cards</p> <p>Daily Bulletin</p> <p>Weekly Devotions Trusting God</p> <p>Storytelling</p> <p>Memory Jogging Question &amp; Toss Ball</p> <p>11:30 1-1 Catholic Visits</p> <p>Snack &amp; Hydration</p> <p>Bodies IN Motion</p> <p>Parachute Ball</p> <p><b>Afternoon</b></p> <p>Stay Fit with Andy</p> <p>IN2L Trivia</p> <p>Satin Hands Massage and Relaxation with Alysen</p> <p>3:30 Independent Interests</p>	<p><b>Morning *</b></p> <p>Wake Up</p> <p>Sensory TV Carol Burnett Show</p> <p>Tabletop Sensory Hair Styles</p> <p>Barbershop Reminisce</p> <p>Daily Bulletin &amp; Devotions</p> <p>Memory Jogging Black History</p> <p>Black History Bingo</p> <p>Oldies Singalong</p> <p>Snack &amp; Hydration</p> <p>Bodies in Motion Fly Swatter Volley</p> <p><b>Afternoon</b></p> <p>1:45 Fitness with Todd</p> <p>Weird Food Tasting Freeze Dried Candy</p> <p>Artful Creations Prep love you to pieces Painting</p> <p>3:30 Independent Interests</p>	<p><b>Morning</b></p> <p><b>Frozen Yogurt Day</b></p> <p>Wake Up</p> <p>Sensory TV Baby Animals</p> <p>Tabletop Sensory</p> <p>10:00 February Bingo with Kid Kare</p> <p>Memory Jogging</p> <p>Baking Club Easy Yogurt</p> <p>Daily Bulletin &amp; Devotion</p> <p>Bodies in Motion Kickball</p> <p><b>Afternoon</b></p> <p>1:30 Manicures</p> <p>Artful Creation Love you to Pieces</p> <p>Movie Matinee: The Wizard of Oz</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b></p> <p><b>Donut Day</b></p> <p>Wake Up</p> <p>Sensory TV Garth Brooks</p> <p>Tabletop Sensory</p> <p>Bubblegum</p> <p>Daily Devotion &amp; Bulletin</p> <p>Donuts and Hydration</p> <p>Memory Jogging Double Trouble</p> <p>Fact File Garth Brooks</p> <p>Bodies in Motions</p> <p>Balloon Volleyball</p>  <p><b>Afternoon</b></p> <p>Fitness Trivia with Tammy (AC)</p> <p>Garden Club Planting Parsley</p> <p>Mocktails and Country Music Social</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b></p> <p>Wake Up</p> <p>Tabletop Sensory Yarn Hearts</p> <p>TV Sensory John Williams</p> <p>Baking Club Microwave Carmel corn</p> <p>Music and Motion</p> <p>Memory Jogging Fact Files</p> <p>John Williams</p> <p>12:00 Outing to Claremont for Lunch</p> <p><b>Afternoon</b></p> <p>Science Experiment with Shaving cream &amp; Rain Clouds</p> <p>Stretch and Flex</p> <p>Scouting Slideshow</p> <p>Boy Scouts to visit???</p> <p>Variety Popcorn Tasting</p> <p>Movie Matinee &amp; Popcorn</p> <p>3:30 Independent Interests &amp; Down Time</p>


# February 2025

Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning</b> 9</p> <p><b>Super Bowl Sunday</b></p> <p>Wake Up</p> <p>Daily Bulletin &amp; Devotion</p> <p>Bible Study #2</p> <p>Tabletop Sensory Football Toss</p> <p>9:30 Canvas Church service &amp; Cookies</p> <p>Books of the Bible Bingo</p> <p>Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b></p> <p>Hymn Sing along</p> <p>Bible Trivia</p> <p>3:00 Church Service</p> <p><b>3:30 Kick off Super Bowl LIX</b></p> <p>4:00 Tailgate Pizza Super in Family Room</p> <p>6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS</p> <p>PHYSICAL</p> <p>EMOTIONAL</p> <p>INTELLECTUAL</p> <p>SOCIAL</p> <p>SPIRITUAL</p> <p>VOCATIONAL</p>	<p><b>Morning *</b> 10</p> <p>Wake Up</p> <p>Sensory TV Snow Sculpting</p> <p>Tabletop Sensory</p> <p>Daily Bulletin &amp; Devotions</p> <p>Baking Club</p> <p>Memory Jogging</p> <p>11:00 Music Therapy with Kristin</p> <p>Snack &amp; Hydration</p> <p><b>Afternoon</b></p> <p>1:30 Reading Club with Lorrie</p> <p>Stay Fit with Tammy</p> <p>Stem Activity</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning *</b> 11</p> <p>Wake Up Donny &amp; Marie</p> <p>Osmond show</p> <p>Tabletop Sensory Valentines</p> <p>Day cards</p> <p>Daily Bulletin &amp; Weekly Devotion</p> <p>Race of Faith &amp; Patients</p> <p>Storytelling</p> <p>Memory Jogging Thomas Edison</p> <p>11:30 1-1 Catholic Visits</p> <p>Snack &amp; Hydration</p> <p><b>Afternoon</b></p> <p>Fitness Trivia (AC)</p> <p>2:30 Jim's Birthday Celebration</p> <p>Birthday Bingo</p> <p>IN2L Trivia</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 12</p> <p>Wake Up</p> <p>Sensory TV Hummingbirds</p> <p>Tabletop Sensory Bird</p> <p>Sensory Box</p> <p>Daily Bulletin &amp; Devotions</p> <p>Memory Jogging Name One</p> <p>Making Valentine Treat</p> <p>Bags for Growing Roots</p> <p>Oldies Singalong</p> <p>Snack &amp; Hydration</p> <p>Bodies in Motion</p> <p><b>Afternoon</b></p> <p>1:45 Fitness with Todd</p> <p>Popcorn</p> <p>Weird Food Tasting</p> <p>Lavender Tea</p> <p>Artful Creations Bird Nests</p> <p>Baking Club Jello Salad</p> <p>Memory Jogging Bird</p> <p>Watching Crossword</p> <p>Bird Sensory &amp; Relaxation</p> <p>3:30 Independent Interests &amp; Down Time</p> <p>6:00 Growing Roots to pass Valentines out to Residents</p>	<p><b>Morning</b> 13</p> <p>Wake Up</p> <p>Sensory TV Super Bowl</p> <p>Commercials</p> <p>Tabletop Sensory</p> <p>10:00 Growing Roots</p> <p>Daycare Storytime and crafting</p> <p>Love Monsters</p> <p>Daily Bulletin &amp; Devotion</p> <p>Memory Jogging A-Z &amp; Judge and Jury</p> <p>Baking Club Jello Cookies</p> <p>Bodies in Motion Kickball</p> <p><b>Afternoon</b></p> <p>1:30 Manicures</p> <p>Artful Creations Painting</p> <p>Heart shape rocks</p> <p>Movie Matinee: Serven</p> <p>Brides for Seven Brothers</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 14</p> <p><b>Valentine's Day</b></p> <p>Donut Day</p> <p>Wake Up</p> <p>Sensory TV Flower arranging</p> <p>Tabletop Sensory Candy by Decades &amp; Love Shacks</p> <p>Memory Jogging Red White and Pink Trivia &amp; Famous Couples</p> <p>Daily Devotion &amp; Bulletin</p> <p>Donuts and Hydration</p> <p>Bodies in Motions</p> <p>Balloon Volleyball</p>  <p><b>Afternoon</b></p> <p>2:00 Valentines Day Social with Razzmatazz</p> <p>Flower Picture Quiz (NJB)</p> <p>IN2L Trivia</p> <p>3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 15</p> <p>Wake Up</p> <p>Tabletop Sensory Jello</p> <p>Pudding Dough</p> <p>TV Sensory</p> <p>Baking Club Jello Cookies</p> <p>Music and Motion</p> <p>Memory Jogging Person Place or Thing</p> <p>Remembering Jello Slide show</p> <p>11:45 Outing to Norm's news for Lunch</p> <p><b>Afternoon</b></p> <p>Snowy Stretches</p> <p>Science Experiment with Gummy Bears</p> <p>Cheesy Fun Social</p> <p>Movie Matinee &amp; Popcorn</p> <p>3:30 Independent Interests &amp; Down Time</p>

# February 2025


## Our Daily Wellness Path

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning * 16</b>            Wake Up            Sensory TV Daytona 500  <b>Daily Bulletin &amp; Devotion</b>  <b>Bible Study # 3</b>            Tabletop Sensory Shelling            Peanuts &amp; Nut Tasting  <b>9:30 Canvas Church service &amp; Cookies</b>  <b>Memory Jogging Almond and Engine Trivia</b>  <b>IN2L Puzzles &amp; Crosswords</b></p> <p><b>Afternoon</b>  <b>Hymn Sing along</b>  <b>Bible Trivia</b>  <b>3:00 Church Service</b>  <b>3:30 Independent Interests &amp; Down Time</b></p> <p>6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS            PHYSICAL            EMOTIONAL            INTELLECTUAL            SOCIAL            SPIRITUAL            VOCATIONAL</p>	<p><b>Morning * 17</b>  <b>President's Day</b>            Wake Up            Sensory TV Touring the White House            Tabletop Sensory Presidents  <b>Daily Bulletin &amp; Devotions</b>  <b>Baking Club</b>  <b>Memory Jogging Guess a letter</b>  <b>11:00 Music Therapy with Kristin</b>  <b>Snack &amp; Hydration</b></p> <p>Bodies IN Motion Lincoln Twister game match</p> <p>12:00 Presidential Favorites Lunch</p> <p><b>Afternoon</b>  <b>1:30 Reading Club with Lorrie</b>            Stay Fit with Presidential fact with Tammy  <b>Presidents 2 Truth and Lie</b>  <b>Fun Facts about our Presidents</b>  <b>Random acts of Kindness Jar</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>	<p><b>Morning 18</b>            Wake Up            Sensory TV Madame Butterfly            Tabletop Sensory  <b>Daily Bulletin &amp; Daily Devotion Guarding Your Heart</b>  <b>10:00 KPS 2nd Graders to visit</b>  <b>Storytelling</b>  <b>Memory Jogging Missing Pieces Titles &amp; February</b>  <b>11:30 1-1 Catholic Visits</b>  <b>Snack &amp; Hydration</b></p> <p>Bodies IN Motion Parachute Ball</p> <p><b>Afternoon</b>  <b>? Singalong with Joe and Ken</b>            Stay Fit with Tammy  <b>Bingo</b>  <b>IN2L Trivia</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>	<p><b>Morning 19</b>            Wake Up            Sensory TV Won't you be my Neighbor            Tabletop Sensory  <b>Daily Bulletin &amp; Devotions</b>  <b>Memory Jogging Mr. Rogers</b>  <b>Remember When</b>  <b>Oldies Singalong</b>  <b>Snack &amp; Hydration</b></p> <p>Bodies in Motion</p> <p><b>Afternoon</b>  <b>1:45 Fitness with Todd</b>  <b>Popcorn</b>  <b>Weird Food Tasting Boba Tea</b>  <b>Freeze Dried Candy</b>  <b>Modge Pod flowers</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>	<p><b>Morning 20</b>            Wake Up            Sensory TV Inauguration            Tabletop Sensory Presidents  <b>Daily Bulletin &amp; Devotion</b>  <b>Memory Jogging Tongue Twisters</b>  <b>Baking Club</b></p> <p>Bodies in Motion</p> <p><b>Afternoon</b>  <b>1:30 Creston Crooners</b>  <b>2:30 Manicures</b>  <b>Independent Projects</b>  <b>Movie Matinee: Best Little Whorehouse in Texas</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>	<p><b>Morning 21</b>  <b>Donut Day</b>            Wake Up            Sensory TV Ree Drummond            Tabletop Sensory Baking  <b>Daily Devotion &amp; Bulletin</b>  <b>Donuts and Hydration</b>  <b>Reminiscing Baking</b></p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b>  <b>2:00 Love songs and Dancing with Guy</b>  <b>Sit and Be Fit</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>	<p><b>Morning * 22</b>            Wake Up            Tabletop Sensory Pressed Flowers            TV Sensory Margaritaville  <b>Baking Club</b>            Music and Motion  <b>Memory Jogging</b></p> <p>12:00 Outing to Claremont for Lunch</p> <p><b>Afternoon</b>            Stretch and Flex  <b>Science Experiment Lava Lamps</b>  <b>Fact Files on Margarita</b>  <b>Margarita Tasting</b>  <b>Movie Matinee &amp; Popcorn</b>  <b>3:30 Independent Interests &amp; Down Time</b></p>

# February 2025

## Our Daily Wellness Path

# March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Morning *</b> 23</p> <p>Wake Up Daily Bulletin Bible Study #4 Tabletop Sensory 9:30 Canvas Church Service &amp; Cookies Trivia Puzzles &amp; Crosswords</p> <p><b>Afternoon</b> Hymn singalong Bible Story time 3:00 Church Service</p> <p>6:30 Channel 3</p> <p>6 DIMENSIONS OF WELLNESS PHYSICAL EMOTIONAL INTELLECTUAL SOCIAL SPIRITUAL VOCATIONAL</p>	<p><b>Morning</b> 24</p> <p>Wake Up Sensory TV History of everyday things Tabletop Sensory Daily Bulletin &amp; Devotions Baking Club Chip Dip Memory Jogging 11:00 Music Therapy with Kristin Snack &amp; Hydration</p> <p><b>Afternoon</b> 1:30 Reading Club with Lorrie Stay Fit with Tammy Corn Crunch quiz &amp; Tortilla Chip Social 3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 25</p> <p>Wake Up Sensory TV Talking Dog Tabletop Sensory Daily Bulletin &amp; Daily Devotion Jesus's light Storytelling Memory Jogging 11:30 1-1 Catholic Visits Snack &amp; Hydration</p> <p>Bodies IN Motion Parachute Ball</p> <p><b>Afternoon</b> Stay Fit with Tammy Reminiscing Tell me about a time Popcorn IN2L Trivia 3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 26</p> <p>Wake Up Sensory TV Johnny Cash Tabletop Sensory s Daily Bulletin &amp; Devotions Memory Jogging Johnny Cash &amp; Men in Black Trivia Oldies Singalong Weird Food Tasting Rose Jelly and Cream Cheese Sandwiches Snack &amp; Hydration</p> <p>Bodies in Motion</p> <p><b>Afternoon</b> 1:30 Karaoke with Connie and Friends 2:30 Barb's Birthday Celebration 3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning</b> 27</p> <p>Wake Up Sensory TV History of The Black Pioneer Cowboys Tabletop Sensory Daily Bulletin &amp; Devotion Memory Jogging Baking Club</p> <p>Bodies in Motion</p> <p><b>Afternoon</b> 1:30 Manicures Strawberry Short cake Tasting Independent Projects Movie Matinee: 101 Dalmatians 3:30 Independent Interests &amp; Down Time</p>	<p><b>Morning *</b> 28</p> <p>Donut Day Wake Up Sensory TV Jimmy Carter Tabletop Sensory Lavender Cloud Daily Devotion &amp; Bulletin Donuts and Hydration</p> <p>Bodies in Motions Balloon Volleyball</p>  <p><b>Afternoon</b> 1:30 Drive around the Valley &amp; Treat</p>	<p><b>Morning *</b> 1</p> <p>Wake Up Tabletop Sensory TV Sensory Baking Club Music and Motion Memory Jogging March Trivia</p> <p><b>Afternoon</b> Stretch and Flex Garden Club</p> <p>Movie Matinee &amp; Popcorn</p>